

MISSION STATEMENT

SHIELDS for families is a non-profit community-based organization dedicated to developing, delivering, and evaluating culturally sensitive, comprehensive service models that empower and advocate for high-risk families for over 20 years.



We believe that with education, access to appropriate services and caring guidance, families can rebuild their lives and become productive members of the community, nurturing parents and achieve all of their dreams.



HISTORY

SHIELDS was formed in 1987 in response to high incidence of infants born prenatally exposed to drugs at Martin Luther King Hospital in South Central Los Angeles.

SHIELDS began providing services to this unique population and has since grown to provide over 30 comprehensive, family-centered, wrap-around programs addressing issues facing high-risk families in South LA.



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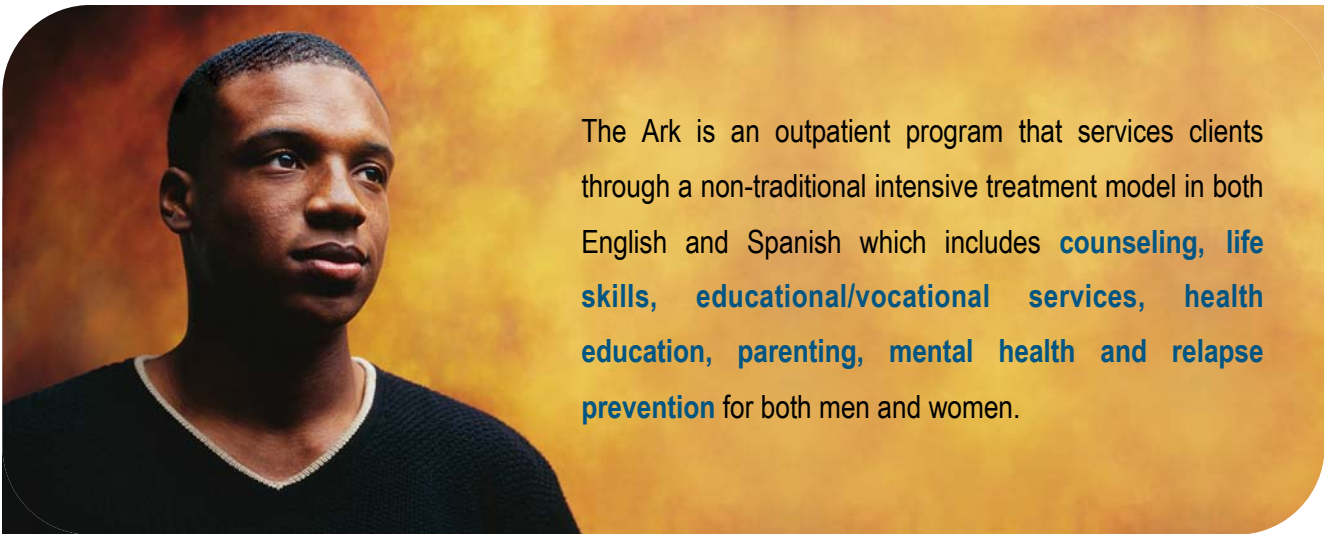
The Ark program provides comprehensive drug treatment and rehabilitation services to drug affected individuals while supporting family stability and promoting social and economic self-sufficiency.

SHIELDS for Families is an equal opportunity service provider that does not discriminate against any individual on the basis of race, color, religion, sex, national origin, age, disability, political affiliation or belief, citizenship/status as a lawfully admitted immigrant authorized to work in the United States, or participation in any WIA Title I-financially assisted program or activity. Auxiliary aids and services are available upon request to individuals with disabilities.

www.shieldsforfamilies.org

Ark Program / General Relief (GR)





The Ark is an outpatient program that services clients through a non-traditional intensive treatment model in both English and Spanish which includes **counseling, life skills, educational/vocational services, health education, parenting, mental health and relapse prevention** for both men and women.



The goals of the Ark program are to support the successful, long-term recovery of our clients and allow them the ability to live full and productive lives. We provide a new

beginning for individuals and families affected by drugs in South Central Los Angeles. We strengthen the family and community by building skills through education, counseling and support and assist individuals and families in developing positive ways to deal with life.

Our services strengthen families through comprehensive and collaborative services such as **Mental Health, Individual and Group Counseling, Education and Vocational Services, Life Skills, Drug and**

Alcohol Education, Health Education, Parenting, Relapse Prevention, Crisis Intervention, Case Management, Court Advocacy and Anger Management while supporting family stability and promoting social and economic self-sufficiency.

Primary treatment services are based upon assessment of the individual and the development of



a service plan to address those identified needs. Duration and intensity of services are determined based on the service plan, however average length of stay is between 6-12 months. In addition, specific treatment services are available for General Relief Recipients referred by the Department of Public Social Services. Lifetime aftercare is available to all program graduates.

Program Highlights

- The Ark program has maintained about a 70% completion rate since inception, more than the national average.
- The Ark program provides services in the day, as well as during evening hours, in order to make accessibility easier for participants.
- Bilingual advocates are provided to assist in the needs of ESL participants.