

## MISSION STATEMENT

SHIELDS for families is a non-profit community-based organization dedicated to developing, delivering, and evaluating culturally sensitive, comprehensive service models that empower and advocate for high-risk families for over 20 years.

## HISTORY

SHIELDS was formed in 1987 in response to high incidence of infants born prenatally exposed to drugs at Martin Luther King Hospital in South Central Los Angeles.

SHIELDS began providing services to this unique population and has since grown to provide over 30 comprehensive, family-centered, wrap-around programs addressing issues facing high-risk families in South LA.



11750 Deputy Yamamoto Pl  
Lynwood / CA 90262  
ph 242.5000  
fx 242.5011

TTD/TTY (English) 800.735.2922  
TTD/TTY (Spanish) 800.855.3000

[foodservices@shieldsforfamilies.org](mailto:foodservices@shieldsforfamilies.org)



We believe that with education, access to appropriate services and caring guidance, families can rebuild their lives and become productive members of the community, nurturing parents and achieve all of their dreams.

**Facebook**  
[www.facebook.com/shields4family](http://www.facebook.com/shields4family)

**Twitter**  
[www.twitter.com/SHIELDS4Family](http://www.twitter.com/SHIELDS4Family)

**Blog**  
[www.shieldsforfamilies.blogspot.com](http://www.shieldsforfamilies.blogspot.com)

**LinkedIn**  
[www.linkedin.com/company/shields-for-families](http://www.linkedin.com/company/shields-for-families)

SHIELDS for Families is an equal opportunity service provider that does not discriminate against any individual on the basis of race, color, religion, sex, national origin, age, disability, political affiliation or belief, citizenship/status as a lawfully admitted immigrant authorized to work in the United States, or participation in any WIA Title I-financially assisted program or activity. Auxiliary aids and services are available upon request to individuals with disabilities.

[www.shieldsforfamilies.org](http://www.shieldsforfamilies.org)

## Food Services and Food Bank



SHIELDS provides hot meals and food vouchers to SHIELDS participants, as well as a Food Bank open to all community residents.





SHIELDS provides nutritious meals and snacks on a daily basis to all SHIELDS participants enrolled in our substance abuse treatment programs and their families.

In addition, food vouchers and a community food bank are available to anyone in need.

## Program Highlights

- SHIELDS provides approximately 197,947 hot meals annually.
- The Food Bank provides over 400 bags of groceries monthly.

SHIELDS has been providing supportive services since inception. These services provide for the basic needs that families have in order to ensure their success while enrolled in our programs, as well as upon completion. The provision of hot food and access to food vouchers are critical services that assist families stabilizing from homelessness and chaotic lifestyles by supporting the development of good health and preventing relapse.



Food Services ensures that nutritious balanced lunches and snacks are available during the treatment day for all children and families enrolled in our substance abuse



treatment programs. Lunches are made fresh daily and delivered to all program sites for our families. In addition, healthy snacks are provided to the children and youth in our Child Development Centers and Heros and Sheros Youth Programs. Food vouchers are also made available to assist families without income in the purchase of basic groceries.

SHIELDS also provides a Food Bank that offers dry and canned goods to anyone in the community, in order to help those who are struggling with the ability to provide food to their families. The Food Bank is available every Thursday and is located at our Food Services site.

